



Blackheath & Bromley Courier

February 2022.

President 2021-22. Nic Corry.

Editor. Pat Calnan (p.calnan@btinternet.com)



19 Consecutive Mob Match defeats. Next match Sunday 13th March v Ranelagh Harriers, Hayes.

Congratulations and good luck to Montell Douglas, the first British woman to be selected for both a Summer and Winter Olympics! Montell is competing at bobsleigh in Beijing.

Vice President Shaunagh Brown appeared on a Question Of Sport during January.

Wednesday Night Training

Wednesday Night training, eating and drinking is at Beccehamian Rugby Football Club, Corkscrew Hill, West Wickham BR4 9BB. Open from 6.30. Please communicate Food orders to dmlawrie162@googlemail.com before 6pm on Tuesdays.



John Turner has produced a follow up to his book "Hurrah for the Squares Entwined" a collection of extracts from the Club Gazette from 1898 to 1948. The second volume is "The Badge We All Hold Dear" and covers the years 1948 to 1979. Signed copies cost £10 with all profits to the Club.

Forthcoming Social Events

19/3/22. Club AGM. (Details awaited)

No other events at the moment but keep an eye on all the various media platforms

Forthcoming Fixtures.

February

5/2/22 – BUCS Cross Country Championships, Greenford.

5/2/22 – England Athletics Winter Race Walking Championships, Leeds.

5-6/2/22 – SEAA Senior and U20 Indoor Championships, Lee Valley. (Entries close 25/1/22)

6/2/22 - Open 10k XC (including Vets Championships) + Mob Match v Beckenham Running Club and Striders of Croydon.

12/2/22 – Kent League, Norman Park. (Senior Men and Women).

12-13/2/22 – EA U20, U17 and U15 Indoor Championships, Sheffield. (Entries close 9/2/22)

12-13/2/22 – Surrey and Sussex Indoor Championships, Carshalton.

18-20/2/22 – BUCS Indoor Championships, Sheffield.

25-27/2/22 - UK Athletics Indoor Championships, Birmingham
26/2/22 – ECCA National Cross Country Championships, Parliament Hill.

March

12/3/22 – CAU Inter Counties, Loughborough
12/3/22 – BMAF Cross Country Championships, Tonbridge.
13/3/22 – Mob Match v Ranelagh Harriers. (The Warren, Hayes)
19/3/22 – ESSA Cross Country Championships, Paddock Wood.
19/3/22 – Closing 5 Mile Cross Country (Croydon RFC Clubhouse, 135 Addington Road)
19-20/3/22 – Kent Indoor Championships, Lee Valley. (Entries close 3/3/22)
27/3/22 – South Of England 12/6 stage road relays, Milton Keynes
27/3/22 – South Of England U17 & U15 5km road championships, Milton Keynes.

Southern Cross Country Championships.

Prior to the 2022 Southern Cross Country Championships, Blackheath & Bromley had only won one set of team gold medals (the Under 15 Girls in 2014) since the two clubs merged in 2003. Only one other set of golds had been won this Century (Blackheath's senior men in 2000). Then in one day we win two more. Congratulations to our Under 15 Girls and Under 13 Boys.

It is no easy feat winning team golds. Blackheath Harriers first contested these Championships in 1884 and finished in third place. The race was for many years the most important cross country race of the year as the Club did not always contest the National because of the distance to some venues. It was only in the mid 1920s that the Club began to race the National each year.

Despite the importance placed on the Southern, it would be over a hundred years before the Club enjoyed its first set of gold medals in 1986, but the great support of the Club for these Championships for decades was undoubtedly an underlying factor in that success. The Club's best placing prior to this was second in 1948, when Sydney Wooderson won the race, and two of the members of the team, Jack Braughton and Alan Brent were at the Southern Supper to toast the team of 1986. Absent, however, was George Brooks who missed his first Southern in 40 years because of the snowy weather.

Conversely, the Club won the very first Under 13 Boys race in 1996 and they were presented with the George Brooks Memorial Trophy, named after the father of our Vice President Gordon Brooks and grandfather of Past President Nick Brooks. (George was the Club's first finisher at the Southern 1936)

Andy Frankish is another who shown his longevity at these Championships. As well as finishing 113th in the Senior Mens race in 1976, he coached Karyn O'Mahoney of the Bromley Ladies winning under 13s team in 1986 and also Megan Slattery from our 2022 winning Under 15 girls team. He also coached Tanya Blake when Bromley Ladies won the Senior Womens title in 1993, and some of the boys in the winning teams of the 1990s.

Our Southern team victories are detailed below, and as every year goes by the achievements of our Senior Mens squad of the 1990s looks better and better. After pipping Shaftesbury Barnet by a single point in 1993 they won the title for seven of the next eight years including the simply sensational 6 in 16 in 1995. No athlete was in each of the seven winning teams, but, Dave Taylor has six team golds with Darrell Smith (now a Kent selector) and Spencer Newport on five. Spencer was seventh man home in 1994 in 69th but was then first man home in the National in 8th place to lead the Club to its first ever National title. Dave and Spencer have both finished 1st, 2nd and 3rd in these Championships. Heady times.

But back to this year. Well done again to the Under 15 Girls and Under 13 Boys teams. Each athlete is an inspiration in all sorts of ways. Most importantly to their team mates. Way back in 1997 in the under 17 mens race, Peter Tucker was our ninth finisher but he would go on to run 2.23 for the marathon and gain an International vest.

Mick Hamlin, coach to a number of our athletes in the 80s and 90s, would always say that, when someone started training seriously, they wouldn't necessarily get to where they wanted to go but they would get **somewhere**. So someone like Montell Douglas might start her Athletics career as a high jumper but become a National record holder for the 100 metres and go to a Summer and Winter Olympics; and Shaunagh Brown might win an Under 13 County shot put title but throw the Hammer at the Commonwealth Games and become an International rugby player.

Senior Men

1986. Brighton. 1st. Blackheath Harriers. 207 pts. 12. Bill Foster, 16. Tim Nash, 30. Jerry Barton, 35. Bill O'Donnell, 40. Richard Coles, 74. Pat Calnan.

1993. Maidstone. 1st. Blackheath Harriers. 122 pts. 7. Darrell Smith, 13. James Harrison, 14. Spencer Newport, 22. Dave Taylor, 24. Andrew Hollens, 42. Alan Guildler.

1994. Parliament Hill. 1st. Blackheath Harriers. 117 pts. 5. Darrell Smith, 13. James Harrison, 15. Dave Taylor, 26. Mark Colpus, 27. Alan Guildler, 31. Jerry Barton.

1995. Parliament Hill. 1st. Blackheath Harriers. 44 pts. 2. Spencer Newport, 3. Tim Dickinson, 5. Darrell Smith, 7. Phil Hogston, 11. Dave Taylor, 16. Paddy Brice

1996. Parliament Hill. 1st. Blackheath Harriers. 113 pts. 1. Tim Dickinson, 3. Spencer Newport, 13. Mark Steinle, 18. Darrell Smith, 33. Paddy Brice, 45. Phil Hogston.

1998. Parliament Hill. 1st. Blackheath Harriers. 109 pts. 3. Spencer Newport, 4. Dave Taylor, 13. Darrell Smith, 15. Bill Foster, 28. Dave Heath, 46. Liam Bulson.

1999. Parliament Hill. 1st. Blackheath Harriers. 190 pts. 1. Mark Steinle, 8. Spencer Newport, 10. Dave Taylor, 40. Jeremy Bradley, 51. Roy Smith, 80. Giles Clifford.

2000. Parliament Hill. 1st. Blackheath Harriers. 212 pts. 1. Dave Taylor, 5. Andy Arrand, 12. Joe Mills, 51. Jeremy Bradley, 58. Roy Smith, 85. Giles Clifford.

Senior Women

1993. Bedford. 1st. Bromley Ladies. 80pts. 1. Gillian Stacey, 3. Julie Stacey, 11. Tanya Blake, 65. Lisa Thompson.

Under 17 Men

1997. Parliament Hill. 1st. Blackheath Harriers. 51 pts. 6. David Farnham, 13. Dan Ayrton, 15. Steve Holmes, 17. Mike Skinner.

1998. Parliament Hill. 1st. Blackheath Harriers. 63 pts. 7. Lee Cooper, 12. Steve Holmes, 16. David Baker, 28. Russell Bentley.

Under 15 Boys

1996. Parliament Hill. 1st. Blackheath Harriers. 59 pts. 5. Steve Holmes, 6. Abdi Madar, 23. Kieran Farrelly, 25. John Baker.

1997. Parliament Hill. 1st. Blackheath Harriers. 105 pts. 5. Matt Hill, 13. Abdi Madar, 29. Daniel Moore, 58. Stuart Simmons.

Under 15 Girls

2014. Parliament Hill. 1st. Blackheath & Bromley Harriers AC. 29 pts. 4. Jessica Keene, 6. Kelsey Fuss, 8. Naomi Kingston, 11. Yasmin Austridge.

2022. Beckenham Place Park. 1st. Blackheath & Bromley Harriers AC. 73 pts. 6. Megan Slattery 15.25,7. Megan Barlow 15.26, 24. Lydia Witcombe 15.56, 36. Amber Cockburn 16.11

Under 13 Boys

1996. Parliament Hill. 1st. Blackheath Harriers. 80 pts. 2. Matt Hill, 4. Will Bolton, 21. Edward Hampton, 53. James Proctor.

2022. Beckenham Place Park. 1st. Blackheath & Bromley Harriers AC. 65pts. 2. Lucas Elmqvist 10.36, 7. Joseph Scanes 11.02, 26. Joseph Hill 11.38, 30. James Shaw 11.40.

Under 13 Girls

1986. Peterborough. 1st. Bromley Ladies. 56 pts. 4. Gillian Stacey, 5. Julie Stacey, 10. Karyn O Mahoney, 37. Gillian Wheeler

Results.

The results for January reflect the increasing number of our athletes who choose to study in the United States. It's around 20 including second claim members, mostly women. So from Pontefract to Peckham, from Nashville to Northallerton, from Lexington to Lee Valley, from Brands Hatch to Beckenham, from....

11/12/22

Fastrack Season Opener, Houston, TX, USA. Women. 3000. 1. Yasmin Austridge 10.07.40.

1/1/22

Parkruns. Banstead Woods. 86. Sally Smith 28.57. **Bedfont Lakes.** 23. James Perry 22.28. **Bromley.** 1. Micah Evans 16.29, 2. Martin Richardson 16.31, 3. Thomas Sugden 17.00, 9. Hannah Clark 17.56 (1st woman), 14. Simon Harris 18.40, 31. Tim Ayres 20.46, 32. Richard Byford 20.49, 51. Kyla Dervish 21.33, 59. Andy Tucker 21.46, 90. Elizabeth Regan 22.55, 94. Rowan Pearson 23.07, 101. Islay Pearson 23.21, 125. Ian Montgomery 24.29, 127. Damian Hayes 24.30, 139. Tammy Falshaw 24.52, 245. Jackie Montgomery 28.56, 348. Mick Keene 33.21. **Bexley.** 4. Darren Corneille 18.45, 19. Nick Barber 22.46, 46. George Collins 24.49, 77. Chris Pike 26.38. **Beckenham Place park.** 4. Clayton Aves 19.04, 54. David Beadle 24.31, 65. Iain Swatton 25.01, 124. Zoe Kingsmill 29.04, 182. Anthony Pontifex 34.13. **Camperdown, Dundee.** 12. Isla Spink 21.07 (1st woman). **Hoblingwell.** 1. Roger Vilardell 18.37. **Dulwich.** 38. Steve Evenden 19.28. **Burgess.** 40. James Morris 22.22. **Tonbridge.** 60. Mark Ellison 24.02, 136. Anne Cilia 28.02. **Whinlatter Forest.** 64. Andrew Riches 33.57. **Exmouth.** 103. Bob Minting 23.53. **Bethlem Royal Hospital.** 7. Mike Simms 25.01. **Land's End.** 2. Robert Perry 18.16, 12. Adrian Perry 22.48. **Sutcliffe.** 21. Barry Wetherilt 23.24. **Swanley.** 9. Austin Adams 21.56.

2/1/22.

Lee Valley New Year Open. 60. R3. 6. Michael Uozie (U20M) 7.29. R14. 4. Chanelle Cole (U23W) 8.07. 200. R2. 2. Michael Uozie (U20M) 23.01. R14. 2. Zakia Mossi (U20W) 27.73. 300. R4. 1. Zakia Mossi (U20W) 43.16. R6. 5. Charlotte Hosp (U17W) 49.91. 400. R2. 3. Prince Reid (U23M) 52.24. R7. 3. Chanelle Cole (U23W) 61.93. 800. R5. 1. Matthew Smith (U20M) 2.00.01. R9. 8. Megan Barlow (U15G) 2.26.10. R11. 3. Liberty Whyte (U17W) 2.23.81. R12. 2. Kara Bryan (U13G) 2.37.19. R13. 6. Samuel Barlow (U15B) 2.49.45.

Kent Fitness League, Birchington. 11. David Adams 37.37.

8/1/22

Kent Cross Country Championships, Brands Hatch. Senior Men. 23. Micah Evans 46.17, 30. Alex Gibbins 47.02, 31. Tom Desborough 47.04, 37. Roger Vilardell 47.41, 40. Dan Kennedy 47.50, 46. Graeme Lugar 48.37, 55. Darren Corneille 49.39, 90. Simon Harris 52.43, 97. Gregory Firth 53.07, 137. Roger Beswick 56.59, 138. Jason Meers 57.02, 142. Blair Wilson 57.42, 150. Chris Tuck 58.30, 172. Richard Byford 62.18. Teams. 6 to score. 4. B&B 207. 12 to score. 4. B&B 866. **Senior Women.** 10. Carole Coulon 36.37, 15. Zoe White 37.51, 27. Amy Leach 39.48, 69. Amber Reed 45.02. Teams. 4. B&B 52. **Under 20 Men.** 6. Tom Brash 21.19, 20. Frederick Georgiou 25.31. **Under 20 Women.** 2. Ailbhe Barnes 24.56, 4. Morgan Squibb 25.17. **Under 17 Men.** 11. Miles Brown 22.51, 13. Thomas Sugden 23.11, 16. Ted Marston 23.22, 18. George Shaw 23.29, 20. Arthur Starvis 23.46. Teams. 2. B&B 58. **Under 17 Women.** 1. Hannah Clark 24.38, 7. Lily Meers 26.05, 10. Liberty Whyte 26.14, 11. Cameron Kelly Gordon 26.18, 14. Carys Firth 26.45, 16. Olivia Magee Brown 27.13. Teams. 2. B&B 18. **Under 15 Boys.** 7. Alexander Middleton 16.47, 8. Jasper Brooks 17.02, 13. Mark Constable 17.24, 22. Harry Fage 18.16, 28. Hendri Verster 18.44. Teams. 3. B&B 50. **Under 15 Girls.** 3. Megan Slattery 18.11, 9. Megan Barlow 19.07, 12. Isla Spink 19.18, 13. Amber Cockburn 19.25, 18. Amie Gould 20.03, 24. Jessica Kelly 20.29, 25. Francesca Middleton 20.41, 27. Kyla Dervish 20.44, 38. Emily Deveney 21.57, 39. Islay Pearson 22.24. Teams. 2. B&B 24. **Under 13 Boys.** 1. Lucas Elmqvist 10.55, 3. Joseph Scanes 11.10, 13. James Shaw 12.08, 15. Matias Caceres 12.15, 18. Alfie Whitelock 12.27, 26. Benjamin O'Grady 12.48, 38. Sam Barlow 13.17, 49. Heath Griffin 13.48, 53. Oscar Pickering 14.03, 57. Oliver Ward 14.23, 60. Isaac Evans 14.30. Teams. 1. B&B 32. **Under 13 Girls.** 4. Niamh Stanley 12.29, 6. Luciana Smith 12.37, 7. Isabel Pauling 12.37, 10. Sophie Fleming 12.54, 14. Charlotte Bloodworth 13.26, 15. Lily Bridgeman 13.30, 16. Beth Regan 13.31, 17. Leah Kyriacou 13.34, 18. Rowan Pearson 13.37, 19. Lydia Marston 13.39, 22. Angelina Mernaka 13.53, 23. Sophie Tran 13.53, 37. Abbie Lee 14.39, 39. Caitlin Hough 14.52. Teams. 1. B&B 17.

Essex Cross Country Championships, Basildon. Senior Men. 20. Lewis Harknett* 34.51.

Middlesex Cross Country Championships, Greenford. Under 17 Women. 1. Lara Mannes (U17W) 26.20. **Under 13 Girls.** 6. Naimah Mossi 13.44, 9. Hissan Al Faisal 14.08.

Yorkshire Cross Country Championships, Kiveton Park. Senior Men. 5. Graham Rush* 30.45. **Senior Women.** 6. Jennifer Walsh* 26.56

11th South London Athletics Network Early Season Open. 60. Rnd1. Rce1. 2. Brandon Murray 6.87, 3. Tremayne Gilling 6.92. 1.2. 2. Rhys Francis 7.05. 1.7. 1. Prince Reid 7.65. 1.9. 4. Makai Sabido – Rodney (U15B) 7.94. 1.12. 3. Indiana Marshall (U17W) 8.14. 2.1. 2. Brandon Murray 6.88, 6. Tremayne Gilling 7.10. 2.2. 4. Rhys Francis 7.11. 2.6. 4. Prince Reid 7.79. 2.11. 4. Makai Sabido Rodney (U15B) 8.00. 2.13. 2. Indiana Marshall (U17W) 8.12. LJ. B. 4. Daisy Snell 5.31, 6. Indiana Marshall (U7W) 5.00. PV. A. 2. Charlie Platt (U15B) 3.10, 5. Roger Platt (M50) 2.80. B. 6. Sophie Dowson 3.80, 7=. Oscar Witcombe (U17M) 3.60.

Phoenix Invitational, Chicago, IL, USA. Men. 60. 5. Myles Xavier 7.37. Ht1. 1. Myles Xavier 7.06.

Parkruns. Roundshaw Downs. 61. Sally Smith 30.52. **Bromley.** 4. David Adams 18.01, 5. Alex Leggatt 18.04, 8. Joseph Georgiadis 18.34, 17. Steve Evenden 19.31, 23. Rod Harrington 19.56, 82. Damian Hayes 23.04, 88. James Unwin 23.12, 114. Andy Tucker 24.05, 116. Ian Montgomery 24.09, 291. Jackie Montgomery 28.41, 352. Mick Keene 30.56. **Bexley.** 64. Chris Pike 26.33. **Beckenham Place park.** 1. Clayton Aves 19.13, 24. Charlie Hay 22.05, 25. Nick Barber 22.15, 62. David Beadle 24.27, 85. Nigel Wood 26.08, 136. Iain Swatton 29.36. **Eden Project.** 12. Robert Perry 19.41, 35. Adrian Perry 23.16. **Hoblingwell.** 39. Kate Garrett 32.32. **Orpington.** 28. Dave Leal 26.37, 74. Karen Desborough 34.35. **Peckham Rye.** 96. John Turner 24.51, 256. Maz Turner 36.28. **Exmouth.** 64. Bob Minting 24.18. **Clapham Common.** 115. James Morris 22.52. **Bethlem Royal Hospital.** 4. Jennie Butler 21.38 (1st woman), 9. Steve Pairman 23.39, 18. Mike Simms 26.40. **Sutcliffe.** 16. Austin Adams 20.27, 64. Barry Wetherilt 24.51, 66. George Collins 25.02, 100. Zoe Kingsmell 27.38. **Swanley.** 25. Anne Cilia 28.20.

8-9/1/22

EA Combined Events Championships, Sheffield. Heptathlon. Senior Men. 7. Theo Adesina (2nd U23). 4642 (60 – 7.21, 1000 – 3.08.79, 60H – 8.85, HJ – 1.91, PV – 3.33, LJ – 6.58, SP – 11.82).

9/1/22

10km Valencia Ibercaja, ESP. 37. Phil Sesemann 28.58*, 310. Stephanie Davis* 32.58.

Cross Internacional Juan Muguerza, Elgoibar, ESP. Women. 11. Pippa Woolven 28.28.

BMC Sheffield Grand Prix. Men. 800. A. 4. Angus Harrington 1.55.17. **Women.** 800. A. 3. Amarisa Sibley 2.10.03.

Be Fit Today Track Academy, Lee Valley. Men. 60. R1. R.5. 1. Clayton Jacinto (U20M) 7.20. R2. R9. 6. Clayton Jacinto (U20M) 7.24. 200. R2. 4. Nathan Firla (U17M) 23.91. 300. R2. 3. Christopher Barrett (U17M) 39.74. R3. 2. Adam Islam Medeaux (U20M) 36.98. R4. 4. James Naylor 38.84. 800. R2. 8. Ian Firla (M50) 2.18.56. LJ. D. 5. Nathan Firla (U17M) 5.21. **Women.** 60. R1. R8. 1. Tyra Khambai Annan (U20W) 7.63. R13. 4. Helen Godsell (W65) 9.18. R2. R3. 6. Helen Godsell (W65) 9.14. R11. 6. Tyra Khambai Annan 7.73. 200. R8. 3. Helen Godsell (W65) 31.25. R9. 2. Daisy Snell (U17W) 26.39. 300. R1. 5. Alyssa Firla (U15G) 44.86. R4. 1. Chanelle Cole (U23W) 42.70. 600. 3. Kara Bryan (U13G) 1.46.96. 800. 1. Liberty Whyte (U17W) 2.24.59. 60H. R1. 3. Zoe Austridge (U23W) 9.25. R2. 3. Zoe Austridge (U23W) 9.14. LJ. B. 2. Qi Chi Ukpai 5.01. **Under 15 Girls.** 60H. R1. R3. 2. Alyssa Firla 9.81. R2. R3. 6. Alyssa Firla 12.51. **Under 13 Boys.** 60H. R1. 1. Jamie Ellerton 10.04. R2. 1. Jamie Ellerton 10.07.

14/1/22

LSU Purple Tiger, Baton Rouge, LA, USA. Women. 60. Ht3. 3. Amber Anning*7.50. Mile. R1. 1. Katy Ann McDonald 4.48.70.

Virginia Tech Invitational, Blacksburg, VA, USA. Women. HJ. 1. Rebecca Hawkins* 1.76.

14-15/1/22

Ted Nelson Invitational, College Station, Texas, USA. Men. Mile. R2. 2. Lewis Mills 4.15.04. **Women.** 60. Ht4. DQ. Funminiyi Olajide*. LJ. B. 6. Funminiyi Olajide* 5.87.

14-15/1/22

Potts Invitational, Boulder, CO, USA. Men. 800. 1. Joe Rogers 1.53.54.

15/1/22

Commodore Challenge, Nashville, USA. SP. 1. Divine Oladipo 17.92.

Loughborough Open. Senior Men. 60H. A. 1. Ethan Akanni* 8.01. Ht1. 1. Ethan Akanni 8.00. HJ. C. 5. Kelechi Aguocha 2.07. **Senior Women.** A. 3. Anastasia Davies 8.44. C. 1. Zoe Austridge 9.12. Ht1. 3. Annie Davies 8.43. Ht3. 3. Zoe Austridge 9.19. TJ. A. 2. Karina Harris 11.32. PV. A. 8. Holly Platt 2.85.

Start Fitness Metropolitan League, Wormwood Scrubs. Senior Women. 15. Carole Coulon 31.32.

Navy v Princeton, Annapolis, MD, USA. Women. 200. Rnd4. 1. Isabella Hilditch 24.46. 60H. R2. 1. Isabella Hilditch 8.53.

Washburn Rust Buster, Topeka, KS, USA. Women. 400. Rnd4. 1. Elizabeth Ibidunni 60.60.

URI Sorlien Memorial Invitational, South Kingston, RI, USA. Women. PV. 4=. Lois Warden 3.35.

VMI Team Challenge, Lexington, VA, USA. Women. 200. Holly Mpassy 25.36.

Parkruns. Bromley. 1. Micah Evans 16.39, 2. Thomas Sugden 16.45, 3. Ted Marston 16.48, 10. Megan Slattery 17.45, 12. Morgan Squibb 17.50, 18. Roger Beswick 18.38, 24. Tim Ayres 19.14, 107. Damian Hayes 22.32, 111. Lydia Marston 22.42, 134. James Unwin 23.23, 152. Andre Verster 23.43, 171. Freya Pearson 24.14, 172. Ashley Pearson 24.14, 320. Mick Keene 27.58, 326. Graham Coates 28.01, 330. Sally Smith 28.12, 343. Jackie Montgomery 28.30, 344. Ian Montgomery 28.32.

Bexley. 3. Darren Corneille 18.38. **Eastbourne.** 2. David Adams 18.11. **Greenwich.** 5. Ailbhe Barnes 20.08 (1st woman), 7. Austin Adams 21.02, 11. Nick Barber 22.18. **Beckenham Place park.** 2. Clayton Aves 19.02, 21. Rod Harrington 21.47, 46. David Beadle 23.49, 153. Charlie Hay 29.03, 165. Zoe Kingsmell 29.40. **Bournemouth.** 184. Peter Hamilton 26.20.

Hoblingwell. 39. Kate Garrett 32.17. **Orpington.** 1. Graeme Lugar 18.47, 9. Cameron Kelly-Gordon 21.01 (1st woman), 37. Carys Firth 24.38, 140. Karen Desborough 34.54. **Tonbridge.** 106. Mark Ellison 24.18. **Peckham Rye.** 39. James Morris 21.34, 279. Maz Turner 34.33. **Northallerton.** 23. Nick Swatton 26.15. **Lullingstone.** 12. Luciana Smith 23.54 (1st woman).

Exmouth. 80. Bob Minting 23.27. **Clapham Common.** 264. James Cunningham 25.29. **Dinton Pastures.** 15. Robert Perry 22.31, 16. Adrian Perry 22.31. **Bethlem Royal Hospital.** 13. Mike Simms 24.26. **Sutcliffe.** 31. Steven Pairman 21.22, 136. Julia Pairman 28.54.

15-16/1/22

Southern U17, U15 and U13 Indoor Championships, Lee Valley. Under 17 Men. 60. Ht1. 6. Marley Byfield 7.75. 200. SF1. 5. James Lawson 24.68. Ht2. 5. Marley Byfield 25.19. Ht3. 2. James Lawson 24.46. PV. 2. Oscar Witcombe 3.60, 4. Finn Kitteridge 3.20. **Under 17 Women.** 60. SF2. 6. Indiana Marshall 8.02. Ht1. 2. Indiana Marshall 8.16. 60H. 2. Jodie Self* 8.70. SF1. 1. Jodie Self* 8.74. Ht1. Jodie Self 8.95. LJ. 3. Daisy Snell 5.42, 6. Emily Algeo 5.00, 9. Indiana Marshall 4.77. Qualifying B. 2. Daisy Snell 5.40, 4. Indiana Marshall 5.02, 6. Emily Algeo 4.73. TJ. 5. Emily Algeo 10.41. **Under 15 Boys.** 800. 6. Joshua Dako 2.39.88. 60H. 4. Joshua Dako 10.11. HJ. 3. Joshua Dako 1.53. LJ. 3. Joshua Dako 4.85. PV. 2. Charlie Platt 3.10. SP. 4. Joshua Dako 6.74. **Under 15 Girls.** 300. Ht1. 1. Alyssa Firla 43.03. 60H. 5. Alyssa Firla 9.53. Ht2. 1. Alyssa Firla 9.53. HJ. 1. Qi-Chi Ukpai 1.64, 5. Megan Barlow 1.50. LJ. 1. Qi-Chi Ukpai 5.36. Qualifying A. 1. Qi-Chi Ukpai 5.09, 8. Charlotte Bloodworth 3.97. TJ. 1. Qi-Chi Ukpai 10.52. SP. 3. Alyssa Firla 9.17, 8. Charlotte Bloodworth 5.91.

16/1/22

Enfield Race Walk League. 4 Miles. 2. Peter Hannell 50.04. 5 Miles. 12. Jonathan Ellerton 49.45.

RunThrough Crystal Palace Half Marathon. 47. David Leal 1.54.39 (1.54.32), 59. John Turner 1.59.53 (1.59.47).

19/1/22

Newham & Essex Beagles Indoor 2x60 Series. Senior Men. Rnd1. Rce1. 3. Brandon Murray 6.88. R4. 2. Abdul Rahaman Jolaoso 7.06, 6. Kyle Reynolds Warmington 7.16. R6. 4. Matthew Knight 7.18. R7. 1. Michael Damoah 6.97. R10. 3. Issah Abdulkarim (U17M) 7.31. R11. 3. Oliver Robertson (U20M) 7.32. Rnd2. Rce1. 5. Brandon Murray 6.85. R2. 3. Michael Damoah 6.91. R3. 5. Abdul Rahaman Jolaoso 7.06. R5. 2. Kyle Reynolds Warmington 7.11. R6. 7. Matthew Knight 7.35. R8. 2. Issah Abdulkarim (U17M) 7.24, 7. Oliver Robertson (U20M) 7.39. **Senior Women.** Rnd1. Rce1. 5. Modupe Shokunbi 7.80. R5. 1. Chizam Boniface 8.33. Rnd2. Rce1. 7. Modupe Shokunbi 7.92. R3. 5. Chizam Boniface 8.41.

21/1/22

Red Raider Open, Lubbock, TX, USA. Women. 200. R3. 1. Amber Anning* 23.38.

Prairie Wolf Invitational, Lincoln, NE, USA. 600. 1. Joe Rogers 1.22.03.

21-22/1/22

Hokie Invitational, Blacksburg, VA, USA. Women. HJ. 2. Rebecca Hawkins* 1.76.

Larry Wiczorek Invitational, Iowa City, IA, USA. Women. LJ. 1. Jahisha Thomas 6.48.

22/1/22

Kent Schools Championships, Paddock Wood. Senior Boys. 8. Tom Brash 26.08, 22. Matthew Smith 28.46. **Senior Girls.** 2. Hannah Clark 16.10, 11. Lily Meers 17.37, 13. Isabelle Stoneham 17.53, 16. Amelie Willars 18.48. **Intermediate Boys.** 10. Arthur Starvis 22.44, 13. Jasper Brooks 23.03, 25. Harry Fage 24.06, 26. Josh Healey 24.13. **Intermediate Girls.** 5. Amber Cockburn 16.27, 6. Liberty Whyte 16.28, 13. Carys Firth 16.59, 15. Isla Spink 17.30, 18. Olivia Magee Brown 17.46, 32. Bethany Willars 18.44, 43. Islay Pearson 19.38, 47. Sophie Lee 20.21. **Junior Boys.** 3. Lucas Elmqvist 14.34, 4. Joseph Scanes 14.39, 18. Hendri Verster 15.44, 24. Jed Starvis 16.03, 29. Alfie Whitelock 16.10, 31. Joseph Hill 16.15, 43. Kyle Firth 16.45, 45. Benjamin O'Grady 16.48, 61. Tane Chambers 17.33. **Junior Girls.** 1. Megan Barlow 13.19, 3. Lydia Witcombe 13.34, 7. Luciana Smith 13.53, 9. Niamh Stanley 14.01, 17. Charlotte Bloodworth 14.24, 29. Beth Regan 15.05, 30. Kyla Dervish 15.09, 34. Angelina Mernaka 15.19, 39. Matilda Shilland 15.37, 40. Caitlin Hough 15.41, 49. Eva Chambers 15.59. **Year 7 Boys.** 3.

James Shaw 10.37. **Year 7 Girls.** 3. Sophie Flemming 10.51, 5. Sophie Tran 11.12, 10. Rowan Pearson 11.32, 16. Mariana Caceres 11.56, 20. Abbie Lee 12.10, 29. Francesca Newman 12.34.

Boxx United Manchester Indoor Tour, Manchester. Men. 60. Ht2. 4. Jeriel Quainoo (U20M) 6.87.

Essex League, Hainault Forest. Men. 11. Lewis Harknett* 31.17.

Mark Colligan Invitational, Lincoln, NE, USA. Men. 800. R2. 2. Joe Rogers 1.54.84.

Fastrak Collegiate Challenge, Houston, TX, USA. Men. 3000. R2. 4. Lewis Mills 8.31.24.

Brant Tolsma Invitational, Lynchburg, VA, USA. Women. 400. B. 2. Holly Mpassy 56.26.

NAIA/JUCO Invitational, Pittsburg, KS, USA. Women. 60. R6. 6. Elizabeth Ibudunni 7.83. 200. R14. 4. Elizabeth Ibudunni 25.73.

Vanderbilt Invitational, Nashville, TN, USA. Women. 400. R2. 1. Maya Bruney 54.28. SP. B. 2. Divine Oladipo 17.20.

Lauren McCluskey Memorial Open, Moscow, ID, USA. SP. 2. Nana Gyedu 14.05.

Parkruns. Bromley. 2. Ted Marston 16.53, 17. Thomas Sugden 19.09, 20. Sophie Kelleher 19.13 (1st woman), 22. Steve Evenden 19.18, 89. Sarah Belaon 22.44, 157. Mike Simms 24.45, 229. David Adams 26.42, 234. Sally Smith 26.48, 244. Graham Coates 27.04, 295. Jackie Montgomery 28.42. Bexley. 2. Darren Corneille 18.58, 15. Steven Pairman 21.30, 70. Chris Pike 25.44, 178. Julia Pairman 30.30. **Endcliffe.** 7. Jake Leng 17.31. **Beckenham Place park.** 5. Clayton Aves 19.01, 9. Paul Sharpe 19.43, 25. Austin Adams 20.42, 26. Hope Stenning 20.43 (1st woman), 31. Tim Ayres 21.01, 32. Richard Byford 21.02, 56. David Beadle 23.13, 115. Nigel Wood 25.43, 189. Zoe Kingsmill 28.55. **Colchester Castle.** 14. Steve Cooper 20.20. **Horsham.** 140. Mick Keene 28.32. **Orpington.** 36. Dave Leal 26.28, 110. Karen Desborough 34.41. **Homewood.** 31. Zoe Wood 25.57. **Tonbridge.** 197. Anne Cilia 27.46. **Peckham Rye.** 71. John Turner 23.59, 252. Maz Turner 32.59. **Dalby Forest.** 66. Nick Swatton 25.38. **Exmouth.** 83. Bob Minting 23.41. **Clapham Common.** 265. James Cunningham 24.59. **Coldham's Common.** 55. Robert Perry 21.39. **Woolacombe Dunes.** 18. Barry Wetherill 27.37. **Bethlem Royal Hospital.** 13. James Unwin 25.18. **Sutcliffe.** 34. James Morris 21.22.

22-23/1/22

London Indoor Games, Seniors and Under 20s, Lee Valley. Senior Men. 60. A. Rnd1. Rce1. 4. Brandon Murray 6.84. R2. 1. Korede Awe* 6.72. R4. 1. Kieran Daly 6.84, 3. Michael Damoah 6.92. A. Rnd2 Rce1. 5. Korede Awe* 6.79. R2. DQ. Kieran Daly, DQ. Brandon Murray. R3. 3. Michael Damoah 6.92. B. Rnd1. Rce2. 1. Jak Mensah 7.00. R3. 3. Matthew Knight 7.15, R6. 2. LJ Wright 7.36. Rnd2. Rce2. 2. Jak Mensah 6.96. R3. 5. Matthew Knight 7.18, R7. 1. LJ Wright 7.22. 200. R2. 2. Matthew Knight 22.93. R4. 3. Rhys Francis 23.55. 400. R1. 5. Bailey Stickings 50.36. 800. R2. 1. Samuel Reardon (U20M) 1.52.85. PV. 8. Barnaby Corry (U20M) 4.11. SP. 2. Theo Adesina (U23M) 11.90. **Senior Women.** 60. Rnd1. Rce1. 5. Modupe Shokunbi 7.69. R3. 4. Mallory Cluley 7.93. R9. 3. Helen Godsell (W65) 8.99. Rnd2. Rce2. 2. Modupe Shokunbi 7.72. R3. 6. Mallory Cluley 7.99. R9. 5. Helen Godsell (W65) 9.00. 200. R2. 1. Chanelle Cole (U23W) 26.35. R4. 2. Helen Godsell 30.59. 800. R2. 2. Amarisa Sibley 2.09.58. R4. 4. Kelsi Cornish 2.22.04. R7. 3. Amelia Middleton 2.33.84. 60H. Rnd1. Rce1. 3. Anastasia Davies 8.41, 5. Mallory Cluley 8.58. Rnd2. Rce1. 1. Anastasia Davies 8.41, 4. Mallory Cluley 8.67. R6. 2. Anastasia Davies 8.39, 6. Mallory Cluley 8.70. TJ. Pool B. 2. Karina Harris 11.59. **Under 20 Men.** 60. Rnd1. Rce1. 4. Charles Nortey 6.97. R3. 4. Clayton Jacinto 7.23. Rnd2. Rce1. 4. Charles Nortey 6.94. R4. 3. Clayton Jacinto 7.20. 200. R2. 3. Clayton Jacinto 23.56. 400. R3. 1. Samuel McShane 52.57, 2. Maurizio Corrodus 53.77. 60H. Rnd1. Rce1. 6. Oliver Robertson 8.35. Rnd2. Rce1. 4. Oliver Robertson 8.16. SP. 1. Dillon Claydon 15.59. **Under 20 Women.** Rnd1. Rce1. 4. Tyra Khambai-Annan 7.69. R2. 6. Kaliyah Young 8.16. R3. 3. Emily Kerr 8.10. Rnd2. Rce1. 4. Tyra Khambai-Annan 7.66. R3. 1. Emily Kerr 8.05. 200. R1. 4. Kaliyah Young 26.76. R3. 3. Emily Kerr 27.23.

23/1/22

BMAF Indoor Pentathlon Championships, Sheffield. M35. 2. Alex Pope 2213 (60H – 11.76, LJ – 5.18, SP – 11.06, HJ – 1.61, 1000 – 3.31.33). **M50.** 3. Ian Firla 2515 (60H - 12.12, LJ – 4.33, SP – 7.21, HJ – 1.34, 1000 – 3.04.53).

Cardiff Met GP 2 New Year Non Throws Open. 60. Ht2. 8. James Naylor (U23M) 7.85. 400. R2. 2. James Naylor (U23M) 54.71.

Pentland Homes Canterbury 10. 15. Graeme Lugar 58.02 (58.00), 20. David Adams 58.38 (58.34), 21. Martin Richardson 58.52 (58.49), 50. Carole Coulon 63.33 (63.31)(1st W45-54)

28/1/22

John Thomas Terrier Invitational, Boston, MA, USA. Women. PV. B. 9. Lois Warden 3.45.

Serpentine Last Friday Of The Month 5km. 89. Adrian Perry 21.48.

28-29/1/22.

Razorback Invitational, Fayetteville, AR, USA. Women. 400. R11. 3. Amber Anning* 52.78. 800. R4. 4. Katy Ann McDonald 2.05.27.

Houston GS & Super 22 Invitational, Houston, TX, USA. Men. Mile. R2. 6. Declan Neary* 4.16.98. 3000. DNF Declan Neary*.
Women. Mile R2. 1. Yasmin Austridge 4.55.72, 7. Ava White 5.09.64

Texas Tech Open & Multis, Lubbock, TX, USA. Men. 600. R3. 3. Lewis Mills 1.24.84. Mile. R1. 3. Lewis Mills 4.17.04.

Washburn Open, Topeka, KS, USA. Women. Ht3. 5. Elizabeth Ibidunni 7.84. 200. R13. 3. Elizabeth Ibidunni 25.90.

29/1/22

South Of England AA Cross Country Championships, Beckenham Place Park. Senior Men. 101. Roger Vilardell 54.09, 105. Micah Evans 54.16, 107. Dan Kennedy 54.21, 128. Tom Desborough 55.00, 147. Rob Donohue 55.29, 194. Luca Ercolani 57.09, 198. Graeme Lugar 57.21, 207. David Adams 57.38, 225. Fintan Parkinson 58.27, 296. Darren Corneille 60.33, 319. Greg Firth 61.26, 343. Simon Harris 62.20, 356. Gareth Evans 62.53, 404. Chris Tuck 64.13, 454. Steve Hough 66.10, 466. Paul Sharpe 66.32, 504. Jason Meers 67.39, 595. Richard Byford 72.45. Teams. 14. B&B 782. **Senior Women.** 42. Carole Coulon 32.18, 116. Kelsi Cornish 35.01, 156. Amy Leach 36.39. **Junior Men.** -. **Junior Women.** 10. Morgan Squibb 24.17, 29. Zoe White 26.49. **Under 17 Men.** 60. George Shaw 22.30, 69. Ted Marston 22.47, 71. Thomas Sugden 22.51. **Under 17 Women.** 11. Hannah Clark 18.29, 29. Liberty Whyte 19.40, 35. Cameron Kelly-Gordon 19.57, 38. Carys Firth 20.01, 66. Lily Meers 20.58, 90. Olivia Magee Brown 22.11, 93. Isabella Louth 22.32, 106. Olivia Wauters 23.00, 121. Sophie Lee 25.03. Teams. 3. B&B 113. **Under 15 Boys.** 30. Jasper Brooks 16.32, 77. Harry Fage 17.22, 82. Mark Constable 17.27, 113. Franco Hillier 17.56, 188. Ryan Tran 23.34. Teams. 9. B&B 302. **Under 15 Girls.** 6. Megan Slattery 15.25, 7. Megan Barlow 15.26, 24. Lydia Witcombe 15.56, 36. Amber Cockburn 16.11, 88. Isla Spink 17.13, 94. Jessica Kelly 17.23, 123. Emily Deveney 18.05, 130. Kyla Dervish 18.22, 139. Matilda Shilland 18.31, 146. Francesca Middleton 18.41, 152. Molly Shaw 18.50, 162. Islay Pearson 19.16, 167. Eliz Saoik 19.24. Teams. 1. B&B 73. **Under 13 Boys.** 2. Lucas Elmquist 10.36, 7. Joseph Scanes 11.02, 26. Joseph Hill 11.38, 30. James Shaw 11.40. 34. Alfie Whitelock 11.42, 124. Ben O'Grady 12.57, 159. Isaac Evans 14.39. Teams. 1. B&B 65. **Under 13 Girls.** 18. Isabel Pauling 12.18, 55. Niamh Stanley 12.50, 57. Sophie Flemming 12.52, 73. Beth Regan 13.07, 86. Lily Bridgeman 13.23, 99. Charlotte Bloodworth 13.34, 107. Angelina Mernaka 13.38, 109. Rowan Pearson 13.40, 113. Lydia Marston 13.44, 118. Hissa Al Faisal 13.49, 137. Sophie Tran 14.01, 140. Leah Kyriacou 14.01, 159. Caitlin Hough 14.27, 168. Abbie Lee 14.39, 178. Mariana Caceres 14.52, 188. Francesca Newman 15.26, 190. Ariana Jenet-Heard 15.45. Teams. 4. B&B 203.

Start Fitness Northern Cross Country Championships, Pontefract. Senior Men. 7. Graham Rush* 43.02. **Senior Women.** 6. Jennifer Walsh* 32.18.

Vault, Manchester. Women. Pool B. 7. Eleanor Barrett 3.06.

Colorado Invitational, Boulder, CO, USA. Men. 800. R2. 1. Joe Rogers 1.53.55.

Parkruns. Bromley. 3. Alex Leggatt 17.58, 56. Robert Perry 21.37, 57. Adrian Perry 21.37, 74. Sarah Belaon 22.21, 85. Robert Whyte 22.31, 102. Paul Kerekgyarto 23.19, 206. Ian Montgomery 25.48, 222. Kate Garrett 26.16, 280. Stuart Cullum 27.38, 325. Jackie Montgomery 29.05, 560. Andre Verster 46.11. **Bexley.** 48. Chris Pike 25.15. **Greenwich.** 134. Julia Pairman 29.52.

Beckenham Place park. 4. Clayton Aves 18.41, 63. David Beadle 24.01, 96. Nigel Wood 25.38, 146. Iain Swatton 27.31, 171. Zoe Kingsmell 28.33. **Norwich.** 266. Graham Coates 28.28. **Worcester.** 11. Chris Tuck 20.48. **South Norwood.** 9. Rod Harrington 21.19. **Hoblingwell.** 5. Austin Adams 21.34. **Dulwich.** 127. James Morris 21.34, 148. Paul Ross-Davies 21.58.

Orpington. 24. Harry Keene 23.20, 44. Dave Leal 25.40, 88. Mick Keene 29.22, 120. Karen Desborough 34.13. **Homewood.** 16. Zoe Wood 25.43. **Dartford.** 40. John Turner 25.02, 143. Maz Turner 35.21. **Bedgebury Pinetum.** 75. Sally Smith 29.06.

Exmouth. 82. Bob Minting 24.10. **Sutcliffe.** 88. Barry Wetherilt 25.51.

29-30/1/22

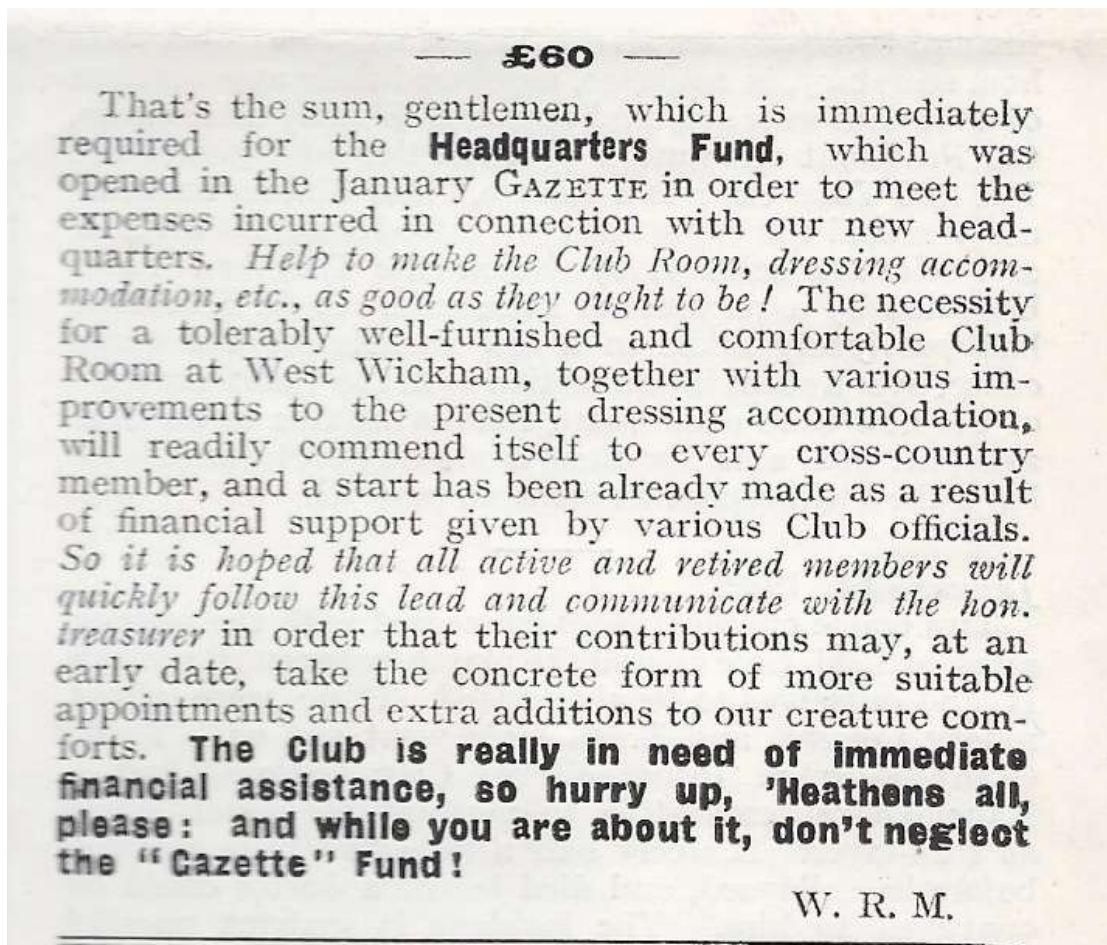
Welsh Senior and Under 15 Championships, Cardiff. Senior Women. HJ. 7. Danielle Hopkins* 1.62. PV. 2. Sophie Dowson 3.71.

London Indoor Games, U17, U15 and U13s, Lee Valley. Under 17 Men. 60. R1. R2. 3. Aaron Mensah 7.67. R2. R6. 4. Aaron Mensah 7.69. 400. R1. 6. Marley Byfield 56.43. R2. 4. Christopher Barrett 55.06. R3. 2. Nathan Firla 52.62. 60H. R1. R3. 4. Rayhan Mourtada 8.70. R2. R2. 2. Rayhan Mourtada 8.48. LJ. A. 11. Dylan Carroll 5.60, 19. Nathan Firla 5.18. PV. A. 1. Oscar Witcombe 3.70, 5. Finn Kitteridge 3.15. **Under 17 Women.** 60. R1. R1. 1. Faith Akinbileje 7.55. R4. 3. Nina Whitter 8.10. R6. 1. Zara Okoroafor 8.20. R10. 6. Charlotte Hosp 9.29. R2. R1. 1. Faith Akinbileje 7.51. R3. 2. Nina Whitter 8.04, 3. Zara Okoroafor 8.09. R9. 6. Charlotte Hosp 9.33. 200. R1. 1. Faith Akinbileje 24.65. R2. 2. Nina Whitter 26.59. 300. R1. 4. Tallulah Ndikanwu 44.52. R2. 6. Charlotte Hosp 48.76. HJ. B. 2. Tallulah Ndikanwu 1.42. LJ. A. 5. Emily Algeo 4.77. TJ. A. 2. Emily Algeo 10.35. SP. 10. Tallulah Ndikanwu 9.26. **Under 15 Boys.** 60. Rnd1. Rce1. 6. Makai Sabido Rodney 7.86. Rnd2. Rce2. 4.

Makai Sabido Rodney 7.82. 200. R5. 3. Makai Sabido Rodney 26.75. 300. R1. 2. Ryen Rennie 39.87. 800. R1. 3. Oscar Tostivin 2.24.14, 4. Benjamin O'Grady 2.26.97. R2. 4. Joshua Dako 2.35.78. 60H. R1. 6. Joshua Dako 9.94. HJ. 3. Ryen Rennie 1.56, 5. Joshua Dako 1.50. LJ. A. 5. Joshua Dako 4.95. PV. A. 1. Charlie Platt 3.20. SP. 4. Joshua Dako 6.98. **Under 15 Girls.** 300. R1. 2. Alyssa Firla 43.23. R4. 3. Charlotte Bloodworth 49.58. 800. R1. 1. Megan Barlow 2.18.89. 60H. R1. R2. 2. Alyssa Firla 9.45. R2. R1. 5. Alyssa Firla 9.51. HJ. 1. Qi-Chi Ukpai 1.66, 3. Megan Barlow 1.56. LJ. A. 1. Qi-Chi Ukpai 4.92. B. 10. Charlotte Bloodworth 3.74. **Under 13 Boys.** 60. Rnd1. Rce3. 1. Jamie Ellerton 8.56. Rnd2. Rce1. 7. Jamie Ellerton 8.60. 60H.R1. 1. Jamie Ellerton 10.01. R2. 1. Jamie Ellerton 9.98. **Under 13 Girls.** 60. R1. R3. 6. Maya Al Faisal 9.60. R2. R4. 5. Maya Al Faisal 9.51. 200. R3. 4. Maya Al Faisal 31.88. 800. R1. 3. Kara Bryan 2.37.49. HJ. A. 3. Maya Al Faisal 1.26. LJ. A. 9. Maya Al Faisal 3.60.

100 years ago in January 1922

The home Mob Match against Ranelagh Harriers is abandoned after Tommy Gale collapses and dies while laying the trail. There is a heavy defeat in the home Mob Match against Orion , who place 12 in the first 16 home. "There was a large gathering for "grub" in the Clubroom and a festive evening ensued... Special thanks are due to our new member J. P Amis, who was at the piano throughout the evening, and whose efficient and cheerful contributions in this respect made everything go with a real swing"



75 years ago in 1947.

Sydney Wooderson finishes in third place at the Kent Cross Country Championships at Aylesford. He is followed home by Gordon Monshall.

50 years ago in January 1972

At Aylesford, Blackheath's senior men are pipped to the Kent Cross Country team title by Cambridge Harriers. Ian Wilson is first home in 4th place with Peter Horwood 5th, Bob Richardson 9th, Chris Haines 10th and John Baldwin 11th. Richard Coles wins the Youths race. This is followed by Punch Bowl Night... "Apart from the absence of the Kent Cross Country trophy...everything else was as per usual; an excellent meal of steak and kidney pie with lashings of vegetables, followed by the equally traditional Stilton, all washed down with admirable quantities of ale and wine. And this was only the prelude to the real business of the evening..."

Despite packing six in the first nine, Blackheath lose the mob match to Ranelagh at Petersham. This is the 51st Mob Match between the two clubs. Ranelagh won the first three but then had to wait until 1966 for their next victory. The score so far is Blackheath 45 Ranelagh 6.

Graham Gower wins the 60 metre hurdles at National Indoor Championships at Cosford in a time of 7.9. John Watts is 5th in the shot.

It's the Club 10. "This year the trail layers decided to start the race below the field below Wickham Parish Church to ensure a race of the correct distance." Bob Richardson wins in 51.27 with Ian Wilson second in 51.45 and Chris Haines third in 53.21. Richardson is knocked over by a horse soon after Layhams. Horses bolted and Ian Wilson "took temporary refuge in a hedge"

Brian Stone wins the £25 first prize in the 200 Club draw.

25 years ago in January 1997.

Spencer Newport wins the Senior Mens race at the Southern Cross Country Championships at Parliament Hill and Dave Taylor is third. The team finish in third place as well with Mark Steinle 19th, Roy Smith 43rd, Mark Watling 106th and Pete Barlow 161st.

There is victory for the Under 17 Mens team of David Farnham 6th, Dan Ayrton 13th, Steve Holmes 15th and Michael Skinner 17th. Victory too for the Under 15 Boys team of Matt Hill 5th, Abdi Madar 13th, Daniel Moore 29th and Stuart Simmons 58th.

Spencer Newport is also 8th in the Inter Counties Championships at Luton. Abdi Madar is also 8th in the Under 15 Boys race.

Debbie Marti of Bromley Ladies clears 1.91 to win the high jump at the AAA of England Indoor Championships in Birmingham, and has three good attempts at a British Record of 1.95. Julian Golding finishes third in the 200 metres

At the South Of England Indoor Championships at Bedford, Marvin Bramble wins the Senior Men's triple jump title with a leap of 14.25. Emeka Udechuku sets a Championship best of 16.80 in winning the Under 20 Mens shot. Adrian Cluskey wins the Under 17 Mens shot with 15.24.

Blackheath enjoy an emphatic victory in the Mob Match at home to Ranelagh. Mark Steinle is first home with the Club providing seven of the first eight finishers.

In response to a circular, Stephen Partridge has contacted the Club offering the Club a website.

Rankings 2021

M35

5000. 3. Scott Overall 14.21.02

SP. 11. Alex Pope 11.97.

DT. 10. Alex Pope 35.86

HT. 8. Alex Pope 39.76

M45.

100. 16. Matthew Richards 12.31.

400H. 4. Richard Holt 63.77.

2000 s/ch. 2. Alex Gibbins 7.01.5.

3000 s/ch. 2. Alex Gibbins 10.48.17.

PV. 4. Roger Platt 2.90

M50

HJ. 9=. Martin Thorne 1.50.
LJ. 39. Roger Platt 4.25.
PV. 4=. Roger Platt 3.10.
JT. 15. Martin Thorne 32.42.

M55.

100H. 4. Paul Sutherland 20.22
400H. 8. Paul Sutherland 73.11.
LJ. 4. Paul Sutherland 4.66.

M60.

PV. 11. Alan Hardy 2.21.
JT. 3. Steve Langdon 42.10.

M65

5000 Walk. 3. David Hoben* 36.50.24.

M70

200. 15. Bob Minting 33.26.
800. 4. Bob Minting 2.44.76, 20. Peter Hamilton 3.20.67.
1500. 4. Ken Daniel 5.41.48, 19. Peter Hamilton 6.33.70.
5000. 17. Peter Hamilton 23.33.4.
10000 walk. 1. Roger Michell 66.44.4
HJ. 4=. Bob Minting 1.25.

W35.

LJ. 5. Zara Asante 5.13.
TJ. 2. Zara Asante 12.42.

W40.

100. 6. Louisa Vallins 13.46
200. 8. Louisa Vallins 28.06.
PV. 2. Liz Hughes 3.00.
SP. 10. Liz Hughes 8.84.

W45

800. 16. Ashley Pearson 2.35.00.
1500. 27. Ashley Pearson 5.31.01.
3000. 16. Ashley Pearson 11.17.86. (Resident non UK. Carole Coulon 10.24.2, would have been 1st)
5000. 13. Ashley Pearson 20.11.40 (Resident non UK. Carole Coulon 18.09.76, would have been 3rd)
10000. Resident non UK. Carole Coulon 37.52.40, would have been 1st).

W65

100. 1. Helen Godsell 14.72.
200. 1. Helen Godsell 31.08.
400. 1. Helen Godsell 75.0.