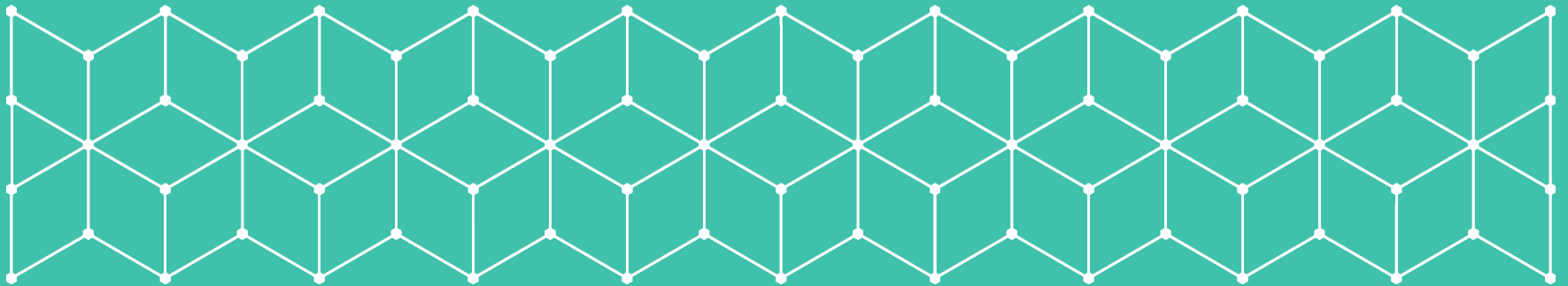


Do your exchange semester with us!



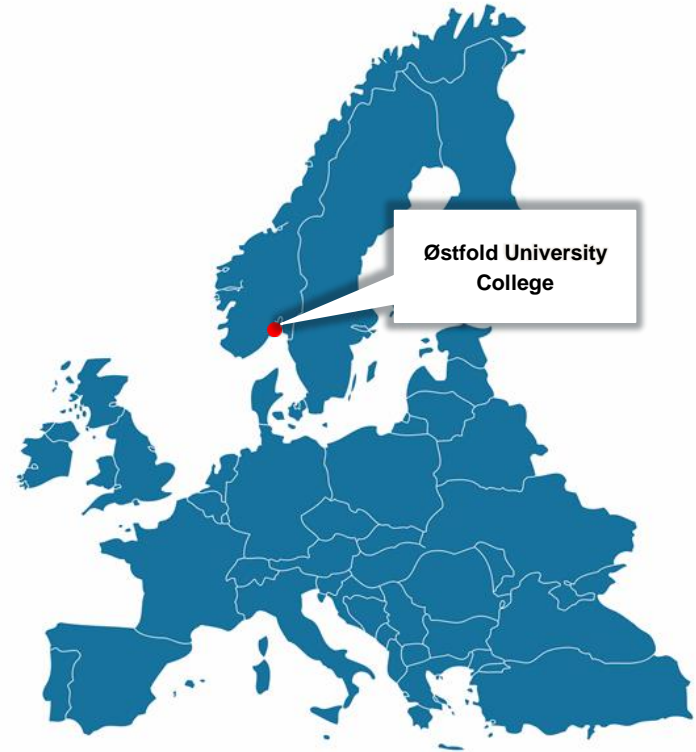


Vision: Working with society - for the future

A brief summary:

- › Established in 1994
- › State-owned university college
- › 7800 students
- › 580 staff members
- › 6 faculties
- › 23 bachelor programmes
- › 14 master programmes
- › 1 PhD programme in development

We have campuses in the cities of Halden and Fredrikstad.



Welcome to Halden – the little city with big attractions!

«Halden in an idyllic little town nestled down by the Iddefjord. Cobblestone streets, shops large and small, cosy restaurants, river promenades and the guest harbour are all within easy reach of downtown. Above the town centre looms the mighty Fredriksten fortress. This large and magnificent fortress is one of the most frequently visited tourist attractions in Norway.» - www.visitHalden.com



Welcome to Fredrikstad – perfect mix of old & new!

«In Fredrikstad we are lucky to have one town on each side of the Glomma river – the new city on the west bank with a quayside promenade with restaurants like a string of pearls and the Fortress town (Gamlebyen) on the east bank, well-preserved with cobbled streets – one of Northern Europe’s real treasures. The Fortress town is filled with vibrant history, cobblestone streets, small wooden houses, unique boutiques, cafes and much more.»

[www. Visitfredrikstadhvaler.com](http://www.Visitfredrikstadhvaler.com)



Campus Halden



Campus Halden

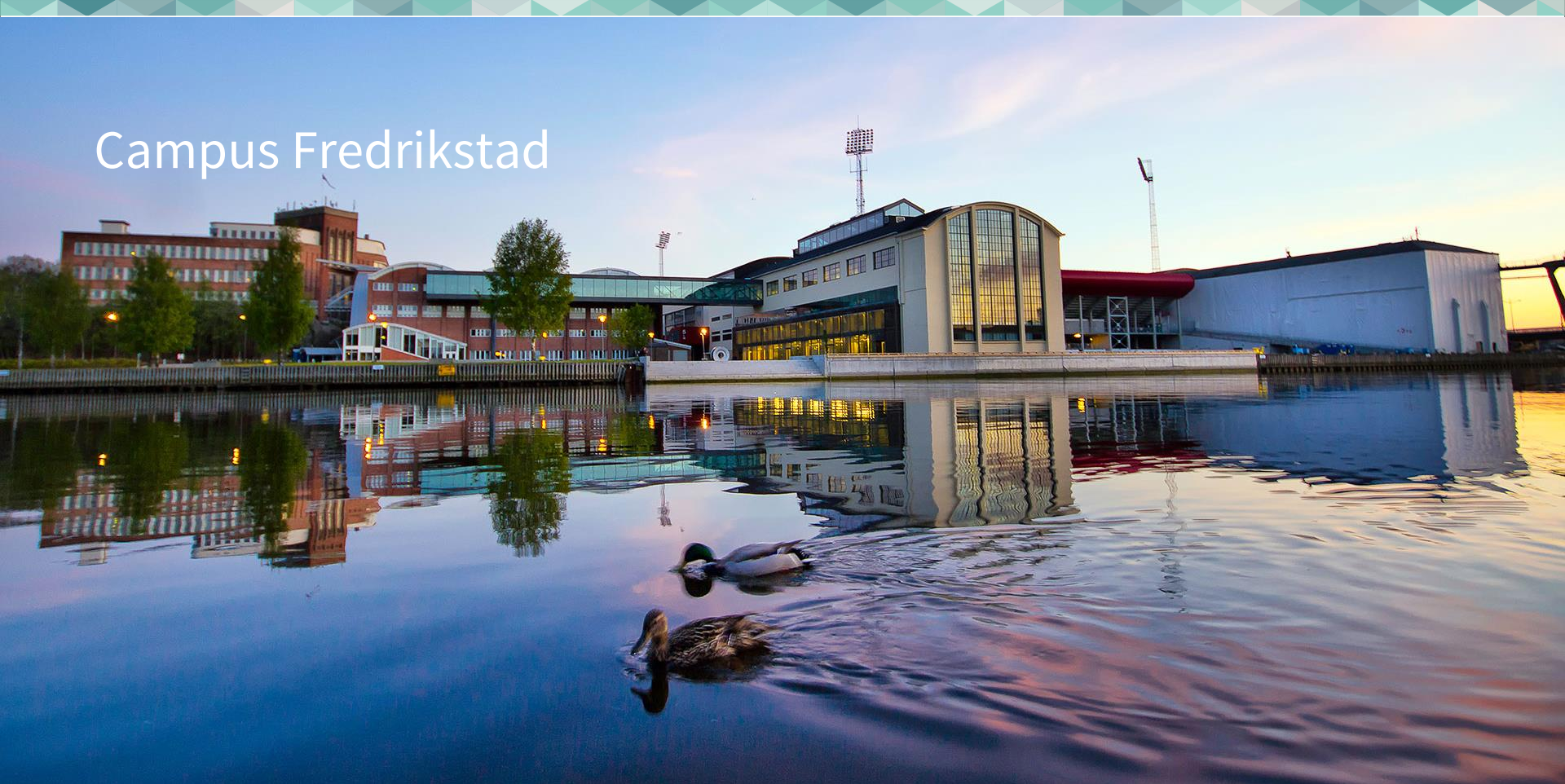
On our Halden campus, you will find the [Department of Computer Science and Communication](#) and the [Department of Economics, Innovation and Society](#) as well as the [Faculty of Teacher Education and Languages](#) and the [Norwegian National Centre for Foreign Languages in Education](#).

Located at Remmen in Halden, our campus is just a short walk away from downtown Halden. There are lots of options for public transportation in and around Halden, as well as bus and trains connecting the city to other parts of Norway and to our neighbors in Sweden.

For those hoping to experience true Norwegian nature, students at our Halden campus have access to peaceful paths through the forests and beautiful scenery along the coastline – all within a short walk or bike ride from campus!



Campus Fredrikstad



Campus Fredrikstad

On our Fredrikstad campus, you will find the [Department of Engineering](#), the [Faculty fo Health, Welfare and Organisation](#) and the [Norwegian Theatre Academy](#).

The Fredrikstad campus is located on the scenic Kråkerøy Island and is only a short walk over Glomma River on the pedestrian bridge to downtown Fredrikstad. On the waterfront boulevard, you will find many restaurants, cafes and shops.

Students interested in Norwegian history should definitely visit the Fortified Town. This is northern Europe's best preserved fortified town and is a great place to spend a Saturday shopping, sightseeing and experiencing the history of this medieval town.





Information for Exchange Students



Courses

We offer a considerable number of courses taught in English, as well as online courses in German, French and Spanish

Student Housing

The Foundation for Student Life (SiØ) offers modern residence halls in Halden and Fredrikstad, within short walking and cycling distance from the campuses.

The Buddy Scheme

Buddies are a contact group for international exchange students, designed to help you familiarize yourself with life as a student at HiØ and in Norway.



Nominations

Before students can apply for exchange, partner institutions must nominate the students using our [online nomination service](#).

How to Apply

Once a student is nominated, they will receive an email with login information.

Deadlines

Nomination period:

Autumn: March 1 – April 15

Spring: September 15 – October 15

Application deadline:

Autumn: May 1 Spring: November 1

What students have to say:

I chose Norway because of the country's impressive scenery. The education system is very good and so is the quality of life. Østfold University College offers a wide range of courses for international students. They offer student-centered learning in a modern and comfortable atmosphere.

Organizationally, everything was perfect at the beginning of the semester! The detailed and easily understandable information given to us by the buddies made it easy to find our way around our new school. Our buddies helped us a lot by responding to every concern we had and helped us to socialize and meet new people.

The buddy scheme here at Østfold University College was amazing. Indeed, when we are coming to a country, alone in my case, it is really great to be welcomed as we were by the buddies. My buddy is wonderful. I was really surprised how much she was willing to help me feel comfortable and help me not to be too lost in my new daily life. I am grateful and really appreciate the buddy scheme!

I recommend all students who want to study abroad to exchange to Østfold University College. Going abroad is wonderful in itself and it contributes to your personal and professional development. I like the teaching and studying methods and the focus on group work at Østfold University College.



Contact information:

Østfold University College
Halden | Fredrikstad | Norway

www.hiof.no/english

international@hiof.no

+47 69 60 80 00

