

LOVE SAIJO

ENGLISH

Guide to

Living in

Saijo

Welcome to Saijo City

For foreigners



Ehime Prefecture's Official Mascot Mikyan

 **Saijo City**

In case of a fire, medical emergency, accident, or crime...

You can use these lines in the following cases:

Dial 119	Fire	Kaji desu. (There is a fire.)
	Medical Emergency	Kyukyu desu. (This is an emergency.)
Dial 110	Accident	Jiko desu. (There was a traffic accident.)
	Crime	Jiken desu. (I witnessed a crime.)



*Please report your current location, the kind of incident, your name, phone number, and other relevant details.

*If you do not have access to a phone, please notify people nearby.

Reporting of Criminal Activities

If you are the victim of theft or assault, or if you are a witness to a crime, call the police immediately by dialing 110 or report the crime directly to a nearby police station or police box.

In case of illness...

Please bring your health insurance card and money with you when you visit a hospital or clinic.

Eastern Saijo Clinic & Hospital Map



Western Saijo Clinic & Hospital Map



If you fall ill on a holiday or at night...

Call the Saijo Holiday & Nighttime Emergency Center (TEL:0897-52-2001) and convey the following:

1. Your name and nationality
2. Location of discomfort and/or pain

Next, please follow the instructions given by the emergency center personnel.



▶ Saijo Holiday & Nighttime Emergency Center

TEL:0897-52-2001 40-1 Nonoichi, Saijo, Ehime 793-0066 JAPAN

Mon. ~ Sat. : 19:00~22:00 Sun. / Holidays : 9:00~18:00

In cases of severe pain or injury...

If you or someone in your vicinity is experiencing severe pain or has sustained potentially life-threatening injuries that require immediate medical attention, dial 119 and ask for an ambulance. Make sure to convey the following information:



1. Current location of ill or injured person(s)
2. Situation details (who was involved; when and where the incident occurred; what happened)
3. Number of people who are ill or injured
4. Age and gender of ill or injured person(s)
5. Your name and phone number

※ If the ill or injured person(s) can be readily and safely transported to the hospital by car or taxi, please refrain from calling an ambulance and have them proceed to a nearby hospital directly.

▶ Children's Medical Health Phone Consultation (w/ available doctors or nurses)

TEL: #8000 OR 089-913-2777

Mon. ~ Fri. : 19:00~8:00 the next day Sat. : 13:00~8:00 the next day Sun. / Holidays : All-day



Communication and Exchange

If you need someone to interpret for you...

If you do not understand Japanese and require assistance, please consult the **Saijo International Exchange Association (SIEA)**.

If you want to enroll in Japanese classes...

In Saijo, local volunteer groups teach Japanese.

Organization Name	Schedule	Location	Fee
Saijo International Exchange Volunteer Society	Sat. 19:30 ~ 21:00	Saijo City Welfare Center	300 yen annually
Saijo Japanese Studies Association	Sun. 10:00 ~ 12:00	Kambai Community Center	500 yen annually
Tanbara Japanese Club	Sun. 9:00 ~ 11:00	Tanbara Community Center	Free
Saijo Japanese Classroom *Negotiable	Sun. 9:00 ~ 12:00	Saijo Community Center	500 yen annually
	Sun. 9:00 ~ 17:00	Taga Community Center	
Ishizuchi Japanese Club	Negotiable	Saijo City Welfare Center	500 yen hourly

Contact the Saijo International Exchange Association (SIEA) for more details.

▶ Saijo International Exchange Association (SIEA)

164 Akeyashiki, Saijo, Ehime 793-8601 JAPAN
(Saijo City Hall, International Relations Promotion Section)



TEL: 0897-56-5151 (Ext: 2292) E-mail: info@iea-saijo.jp URL: <http://www.saijo-iea.jp/>

Contact the Saijo International Exchange Association (SIEA) to:

- *Inquire about volunteer opportunities
- *Participate in local events and activities
- *Get event information
- *Learn about available Japanese classes

Daily Life

How to Separate and Dispose of Household Trash

Trash days are different from district to district. Refer to the “Trash Collection Calendar” and follow Saijo City’s “Household Trash Separation and Disposal Guidelines”.

Please put out the trash before 8:00 A.M. at your designated location.

You can download the mobile app for free on the Saijo City homepage.

Japanese, English, and Vietnamese language options are available.



Traffic Regulations

In Japan, automobiles, motorcycles, and bicycles keep to the left side of the road.

Pedestrians crossing at a crosswalk get priority.

Driving while using a cellular device and driving under the influence are strictly forbidden.

Employment Counseling / Opportunities

【Job Search Inquiries】 ▶ Hello Work Saijo (Public Employment Service Office)

TEL:0897-56-3015 Mon. ~ Fri. 8:30 ~ 17:15

【Consultations Concerning Employment and Labor Conditions】

▶ Niihama Labor Standards Inspection Office

TEL:0897-37-0151 Mon. ~ Fri. 8:30 ~ 17:15

【Consultations Concerning Inability to Work, Lack of Housing, and Other Livelihood-related Issues】 ▶ Independence Consultation and Support Center

TEL:0897-53-0870 OR TEL:0120-506-870 (toll-free) Mon. ~ Fri. 8:30 ~ 17:15

Natural Disasters

Heavy Rain / Typhoons	Earthquakes	Floods / Tsunamis
<ul style="list-style-type: none">• Always check for new information and announcements.• In Saijo, a siren will sound whenever the water in the dam is being released. It is a signal that the dam will discharge excess water.• Heavy rain may increase the water level of the river.• Please avoid approaching the river.• Listen to the news and announcements, and evacuate as soon as possible, if necessary.	<ul style="list-style-type: none">• Protect yourself.• Turn off any stoves or any other sources of open flames.• Secure an emergency exit.	<ul style="list-style-type: none">• Evacuate as far away from the ocean as possible.• Evacuate to higher ground.• Refrain from driving cars.



Saijo City Disaster Prevention Map

English



中文



【Emergency Disaster Kit】

Prepare the following items and make your own disaster kit.
Leave it in an easy-to-access location in case of a disaster.



	Foodstuffs	Clothing	Valuables	Daily Necessities	Safety Measures	Families With Children or the Elderly	Families With Pets
<input type="checkbox"/>	Potable water	<input type="checkbox"/> Underwear	<input type="checkbox"/> Passbook	<input type="checkbox"/> Flashlight	<input type="checkbox"/> Household medicine	<input type="checkbox"/> Powdered milk	<input type="checkbox"/> Cage
<input type="checkbox"/>	Emergency rations	<input type="checkbox"/> Outerwear	<input type="checkbox"/> Personal Stamp	<input type="checkbox"/> Portable radio	<input type="checkbox"/> Rain gear	<input type="checkbox"/> Baby bottle	<input type="checkbox"/> Pet food
		<input type="checkbox"/> Towels	<input type="checkbox"/> Cash	<input type="checkbox"/> Spare batteries		<input type="checkbox"/> Baby food	<input type="checkbox"/> Cleaning supplies
		<input type="checkbox"/> Toiletries		<input type="checkbox"/> Cellphone		<input type="checkbox"/> Liquid food	
				<input type="checkbox"/> Charger		<input type="checkbox"/> Diapers	



City Hall Procedures

*Make sure to bring your residence card.



Saijo City Hall Central Office

1. Change of Address

Please go to the central office's Civic Life Division (市民生活課) or any branch office's Civic Welfare Division (市民福祉課) first.

Procedure		Necessary Documents
Moving In (domestic)	From another city to Saijo	<ul style="list-style-type: none"> • Moving-out Certificate Received From Prior Address • Residence Card or Special Permanent Resident Certificate • National Pension Handbook ※If applicable
Moving In (international)	From overseas to Saijo	<ul style="list-style-type: none"> • Passport • Residence Card or Special Permanent Resident Certificate
Change of Address	Within Saijo	<ul style="list-style-type: none"> • Residence Card or Special Permanent Resident Certificate • National Health Insurance Card ※If applicable
Moving Out (domestic)	From Saijo to another city	<ul style="list-style-type: none"> • Residence Card or Special Permanent Resident Certificate • National Health Insurance Card ※If applicable
Moving Out (international)	From Saijo to overseas	<ul style="list-style-type: none"> • Residence Card or Special Permanent Resident Certificate • National Health Insurance Card ※If applicable

2. Other City Hall Procedures

- Family Register Transfer ⇒ Central Office's Civic Life Division (市民生活課) / Branch Office's Civic Welfare Division (市民福祉課)
- Issuance of Certificates (Family Register, Certificate of Residence) ⇒ Central Office's Civic Life Division (市民生活課) / Branch Office's Civic Welfare Division (市民福祉課)
- Issuance of Tax Certificates ⇒ Tax Affairs Division (納税課)
- Issuance of MyNumber Card ⇒ Central Office's Civic Life Division (市民生活課) / Branch Office's Civic Welfare Division (市民福祉課) 
- Personal Stamp Registration ⇒ Central Office's Civic Life Division (市民生活課) / Branch Office's Civic Welfare Division (市民福祉課)
- Marriage and Divorce ⇒ Central Office's Civic Life Division (市民生活課) / Branch Office's Civic Welfare Division (市民福祉課)

- Birth Registration ⇒ Central Office's Civic Life Division (市民生活課) / Branch Office's Civic Welfare Division (市民福祉課) 
- Requests for Child Benefits ⇒ Central Office's Parenting Support Division (子育て支援課) / Branch Office's Civil Welfare Division (市民福祉課)
- Issuance of Maternity Health Record Book ⇒ Central Health Center
- Applications for Preschool/ECEC ⇒ Preschool/Kindergarten Division (保育・幼稚園課) 
- Applications for Kindergarten/ECEC ⇒ Preschool/Kindergarten Division (保育・幼稚園課)
- Enrollment in Elementary and Middle Schools ⇒ School Education Division (学校教育課)
- Elementary and Middle School Transfers ⇒ School Education Division (学校教育課) 
- National Health Insurance ⇒ National Insurance and Healthcare Division (国保医療課)
- Water Supply Opening/Termination/Changes ⇒ Water Supply Division (水道業務課) 
- Applications for Municipal Housing ⇒ Facility Management Division, Housing Clerk (施設管理課 住宅係) 

Counseling Services

Visa / Residence Status Inquiries

▶ Matsuyama Branch Office of Takamatsu Regional Immigration Bureau

TEL:089-932-0895 Mon. ~ Fri. 9:00 ~ 12:00 or 13:00 ~ 16:00

COVID-19 Infection Status Confirmation

▶ COVID-19 Counseling Service TEL:089-909-3468 ※All-day

Telephone Counseling for Working Foreigners

▶ Ministry of Health, Labor, and Welfare Consulting Services

*Depending on the language, available days and times may vary.

<https://www.check-roudou.mhlw.go.jp/soudan/foreigner.html>

▶ Ehime Prefecture Labor Department *Consultations in Chinese and Vietnamese are available.

Chinese : TEL:089-913-6244 (Matsuyama) Thurs. 9:00 ~ 16:00

Vietnamese : TEL:089-913-5653 (Matsuyama) Wed. 9:00 ~ 16:00

TEL:0898-25-3760 (Imabari) Fri. 9:00 ~ 16:00

Consulting Services for Foreigners Living in Ehime

▶ EPIC Life Consultations for Foreigners TEL:080-4783-5253 Mon. ~ Sat. 9:00 ~ 17:00

Available in Japanese, English, Chinese, Korean, Vietnamese, Tagalog, and Indonesian.

Legal Counseling

▶ Houterasu Multilingual Information Service TEL:0570-0783-77 Mon. ~ Sat. 9:00 ~ 17:00

Domestic Violence Counseling

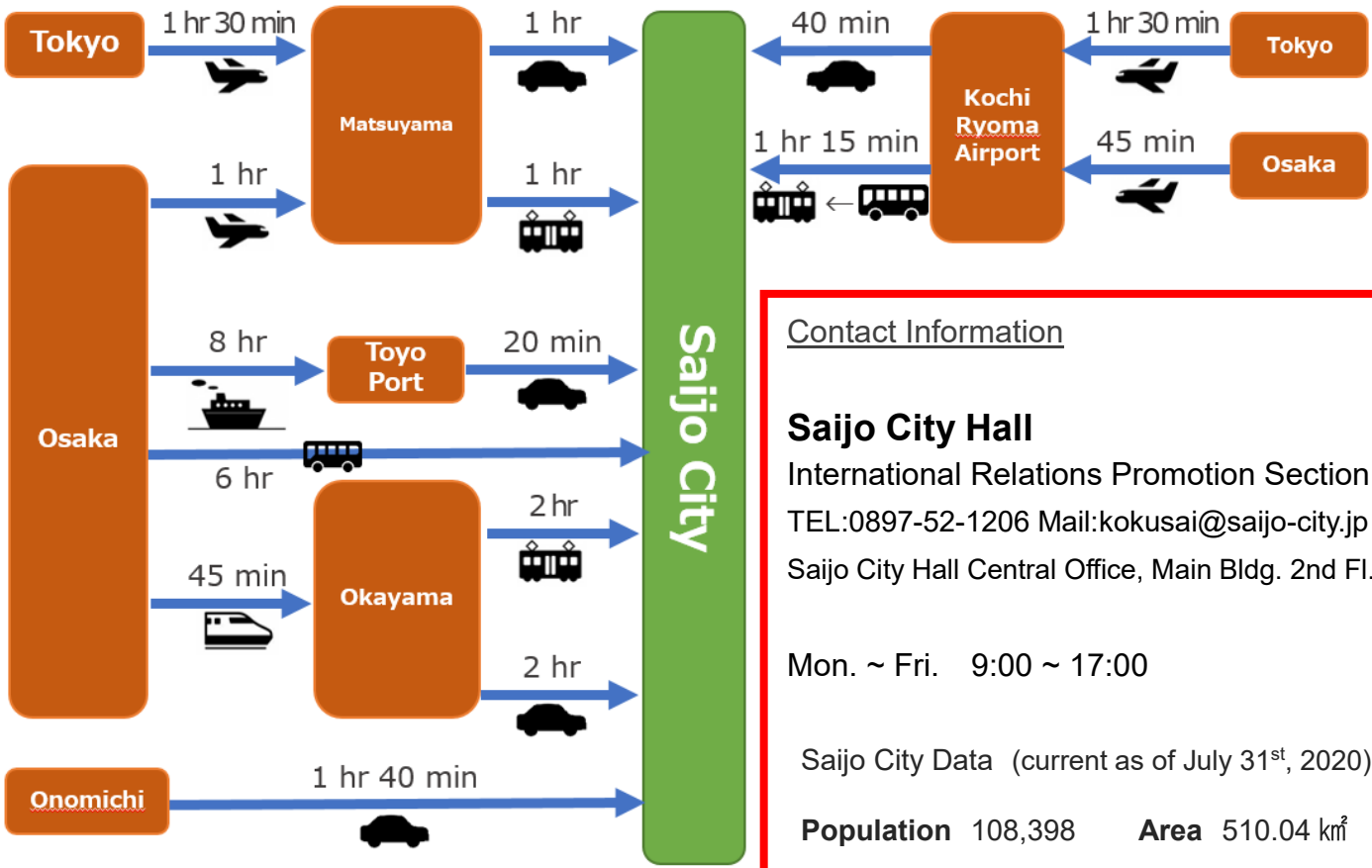
▶ City Hall Parenting Support Division (子育て支援課) こそだ しえんか TEL:0897-52-1373 Mon. ~ Fri. 8:30 ~ 17:15

Consulting Services for Foreign Technical Interns

▶ Organization for Technical Intern Training (OTIT) <https://www.otit.go.jp/>

*Depending on the language, phone numbers and availability may vary. The number is toll-free.

✈️ Access



Contact Information

Saijo City Hall
 International Relations Promotion Section
 TEL:0897-52-1206 Mail:kokusai@saijo-city.jp
 Saijo City Hall Central Office, Main Bldg. 2nd Fl.

Mon. ~ Fri. 9:00 ~ 17:00

Saijo City Data (current as of July 31st, 2020)
Population 108,398 **Area** 510.04 km²

■ SNS
 Search for: 「西条市」 @lovesaijo



A series of horizontal dashed lines spanning the width of the page, providing a template for writing.